



PSHE

Curriculum Map

	Nursery	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1	Me and My Relationships	Me and My Relationships	Me and My Relationships	Me and My Relationships	Me and My Relationships	Me and My Relationships	Me and My Relationships	Me and My Relationships
	Marvellous Me	What makes me special	Why we have classroom rules	Our ideal classroom	As a rule	Human machines	Give and take	Working together
Autumn 2	Valuing Difference	Valuing Difference	Valuing Difference	Valuing Difference	Valuing Difference	Valuing Difference	Valuing Difference	Valuing Difference
	Me and my friends	Same and Different	Same or Different	What makes us who we are?	Respect and Challenge	Can you sort it?	Qualities of friendships	Ok to be different
Spring 1	Keeping Safe	Keeping Safe	Keeping Safe	Keeping Safe	Keeping Safe	Keeping Safe	Keeping Safe	Keeping Safe
	People who help me	What's safe to go onto my body?	Super Sleep	How safe would you feel?	Safe or unsafe?	Danger, risk or habit?	Spot bullying	Think before you click!
Spring 2	Rights and Respect	Rights and Respect	Rights and Respect	Rights and Respect	Rights and Respect	Rights and Respect	Rights and Respect	Rights and Respect
	Looking after myself	Looking after my friends	Around and about the school	Getting on with others	Helping each other to stay safe	Who helps us to stay healthy and safe?	What's the story?	Two sides to every story

	Being my Best	Being my Best	Being my Best	Being my Best	Being my Best	Being my Best	Being my Best	Being my Best
Summer 1	What does my body need	Yes I can!	I can eat a rainbow	You can do it!	Healthy eating	What makes me ME!	It all adds up	This will be your life
	Growing and Changing	Growing and Changing	Growing and Changing	Growing and Changing	Growing and Changing	Growing and Changing	Growing and Changing	Growing and Changing
Summer 2	Growing and changing	Seasons	Healthy Me!	A helping hand	Relationship tree	All change	How are they feeling?	I look great