



Holding God's Hand, we nurture hearts, minds and spirits.

Progression in Prayer

	Reception	Year 1 and Year 2	Year 3 and Year 4	Year 5 and Year 6
Traditional Prayers	Sign of the cross Morning Prayer Grace before meals Grace after meals Home time prayer School Prayer	Our Father Hail Mary	Glory Be Act of Contrition	Novena Eternal Rest
Prayers and responses during Mass	Simple responses during liturgies and masses- Reception 'and with your spirit' 'Peace be with you' 'Thanks be to God'	Simple responses during liturgies and masses 'Lord have Mercy'	Penitential Rite Holy, Holy, Holy Gestures relating to Mass: sign of the cross before the Gospel, sign of peace , genuflecting	Penitential Rite Holy, Holy, Holy Lab of God Apostles Creed Gestures relating to Mass: Sign of the cross, before the Gospel, sign of peace, genuflecting
Prayer Experiences	Spontaneous prayer Pupil led collective worship Whole school collective worship Phase collective worship Singing hymns and listening to quiet, reflective music	Spontaneous prayer Pupil led collective worship Whole school collective worship Phase collective worship Singing hymns and listening to quiet, reflective music Advent Prayer Stations	Spontaneous prayer Pupil led collective worship Whole school collective worship Phase collective worship Singing hymns and listening to quiet, reflective music Reconciliation Sacramental Programme Prayer partners with other children within the Parish	Spontaneous prayer Pupil led collective worship Whole school collective worship Phase collective worship Singing hymns and listening to quiet, reflective music The Mysteries of the Rosary